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Stretch Island Fruit Leather

for

Special Diet Needs

"My m
 family has
 committed
 itself to a
 strictly
 organic
 diet. This
 makes it
 difficult
 for my two
 year old to
 feel like
 she is just
 like all the
 other kids
 in her
 Mom's
 Day Out at
 lunch and
 snack time.
 We feel so
 lucky to
 have found
 your
 organic
 leathers!"

100%
 Fruit
 No
 preservatives

 No added
 sweeteners

FRUIT FOR DIABETICS

Diabetic Fruit Exchange

1 piece = 1 fruit exchange or 1
 carbohydrate

Enjoyed also by those with
celiac disease
 (gluten intolerance).

Or, maybe weight reduction is your goal.
 Stretch Island Fruit Leather has only 45
 calories, and **no Fat, no Sodium, and no**
Cholesterol,
 just like the fruit it is.



Some people want
 their fruit
ORGANIC!

- Andrea M.,

Franklin, TN

Low in
Calories:
 about 45
 per piece



Approved by the **5 a Day for Better**
Health program

Portable

- fits in pocket or purse to take along
- in the glove box to satisfy the "are we there yet?" crowd
- in your desk drawer for an afternoon pick-me-up
- in an envelope to mail to a friend
- in truth, just about anywhere!

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Read the Ingredients!

The ingredients say it all!

Stretch Island Fruit Leather is 100% fruit, with no sweeteners or chemicals, or other questionable additions.

Stretch Island	Sunkist	Farley's	Betty Crocker
Fruit Leather®	Fruit Roll ®	Fruit Snacks®	Fruit Roll-ups®
<i>Sour Apple</i>	<i>Green Apple</i>	<i>Berry</i>	<i>Burstin' Berry</i>
Apples	Fruit juice concentrate (may contain pear, white grape, apple and/or pineapple)	Corn syrup	Pears from concentrate
Lemon Juice	Dehydrated apples	Sucrose	Maltodextrin
	Apple puree	Fruit juice from concentrate (grapes, raspberries, blueberries, strawberries)	Sugar
	Citrus pectin	Corn starch	Corn syrup
	Vitamin C	Gelatin	Partially hydrogenated cottonseed oil
	Natural and artificial flavors	Citric acid	Citric acid
	Titanium dioxide	Hydrogenated coconut oil	
		Carnauba wax	
	Blue 1	Ascorbic acid (Vitamin C)	Sodium citrate

Alpha tocopherol acetate
(Vitamin E)

Beta carotene(Vitamin A)

Natural & artificial
flavors

Artificial color (Blue 1, Red
40, Yellow 5, Red 3)

Glycerin

Pectin

Monoglycerides

Malic acid

Vitamin C (Ascorbic acid)

Colors (Red 40, Blue 1)

Natural flavor

All ingredient lists taken from
packages purchased in March 2000.

Stretch Island Fruit Leather, Sunkist Fruit Roll,
Farley's Fruit Snacks, and Betty Crocker Fruit
Roll-ups are registered trademark of their
respective companies.

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